

EXCELLENCE IN HOUSING:

Crisis Plan

OrgCode Consulting, Inc. is pleased to share this document as part of a collection of the most requested resources from our **Excellence in Housing** training series. These documents are intended for professionals who have been properly trained on these tools and practices.

For more information about this resource, training, or other available resources, please visit us online at:

www.orgcode.com

Acknowledgements:

OrgCode Consulting, Inc. wishes to thank Mary Ellen Copeland, PhD and the “WRAP” approach as the inspiration for this tool.

Disclaimer:

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Crisis Plan Sample

Client: Frank	Version: 1	Date: August 4
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About Me

Name:	Francis McNeill
Date of Birth:	June, 1968
Address:	8 Fairview Ave.
Health Card Number/Version:	555-555-1234

Emergency/Medical Contacts

Role	Name	Telephone Number
Emergency	Emergency Services	9-1-1
Contact this person 1st	Erica McNeill (sister)	555-555-9876
Contact this person 2nd	Rob Samborski (boss)	555-555-1111
Contact this person 3rd	Melissa Harken	555-555-2468
Support Worker	Rodrigo Nuñez	555-555-4321
Support Worker Back-up or Team Leader	Rachel Domino	555-555-8787

Depending on the situation, I may also use these community resources when in crisis:

Name of Community Resource	Telephone Number
Gamblers Anonymous	555-555-0005
Mental health hotline	555-555-3434

Understanding & Managing a Crisis

My definition of a crisis is: Gambling, when I blow all my savings and go into huge debt and then get evicted and end up on the streets again.

Things that cause me to go into crisis are: When Melissa's mad at me, I want to buy her things to make her feel better. Or unexpected bills, whenever I feel stressed about money.

Crisis Plan Sample

Client: **Frank**

Version: **1**

Date: **August 4**

The **signs** that I am **about to go into crisis** are: Money is tight and I start watching poker online. I start talking about my system.

The **signs** that I am **in crisis** are: I ask people for money and make up lame stories about why I need it. I disappear for hours and don't tell anyone where I've been. I talk to Ivan for any reason.

If you notice I am **doing** and/or **saying** talking about how gambling is bad for me, then **give me space**.

In the past, **to deal with a crisis effectively**, I have: Gone to meetings. Also just finding something else to do, maybe movies or a long walk (as long as I don't bring any money with me).

If I am in crisis, it is best to **contact these people**: Erica, because she can usually talk sense into me. My boss because I might totally flake out on work. Melissa, because sometimes it's her fault.

If I am about to be in crisis or I am in crisis, these are the **special arrangements** or things I need to have taken care of for me: Call my boss and tell him I'm sick. Erica has power of attorney so she can put a freeze on my bank accounts. Pay the landlord next month's rent immediately so I don't get evicted.

In the event of a crisis I would like my crisis plan shared with my support network, as deemed appropriate by my worker.

Yes No

Client

Frank McNeill

Signature

August 4, 2014

Date

Intensive Case Manager

Rodrigo Nuñez

Signature

August 4, 2014

Date

Crisis Plan

Client:	Version:	Date:
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About Me

Name:	
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Address:	
Health Card Number/Version:	

Emergency/Medical Contacts

Role	Name	Telephone Number
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Contact this person 1st		
Contact this person 2nd		
Contact this person 3rd		
Support Worker		
Support Worker Back-up or Team Leader		

Depending on the situation, I may also use these community resources when in crisis:

Name of Community Resource	Telephone Number

Understanding & Managing a Crisis

My **definition** of a crisis is: _____

Things that **cause** me to go into crisis are: _____

Crisis Plan

Client: _____	Version: _____	Date: _____
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The **signs** that I am **about to go into crisis** are: _____

The **signs** that I am **in crisis** are: _____

If you notice I am **doing** and/or **saying** _____
_____, then **give me space**.

In the past, **to deal with a crisis effectively**, I have: _____

If I am in crisis, it is best to **contact these people**: _____

If I am about to be in crisis or I am in crisis, these are the **special arrangements** or things I need to have taken care of for me: _____

In the event of a crisis I would like my crisis plan shared with my support network, as deemed appropriate by my worker.

Yes No

Client

Signature

Date

Intensive Case Manager

Signature

Date