



LINK-AGE
A Bridge to Relief for Seniors

Need Assistance and Not Sure Where To Turn?

FCA's OMH Link-Age Project Helps Adults 55+ Residing in Nassau County

Do you feel alone and unsure of who to go to for help? Have you been staying home and avoiding others? Do you feel worried or sad? Are you having trouble sleeping? Do you depend on alcohol or medication to get you through the day? Would you like help in learning to use technology to enhance your quality of life?

The Link-Age Project

- Home visits to evaluate and assess your needs comprehensively and confidentially
 - Connect you to community services that will keep you safe in your home
 - Work with you to develop a care plan that is right for you
 - Address any barriers to accessing care
- This program is free to individuals in Nassau County.

The Linkage Project is made possible with funding from the New York State Office of Mental Health and represents a partnership between FCA, CNG, and the Nassau County Office for the Aging (OFA) and the Office of Mental Health, Chemical Dependency and Developmental Disabilities Services.

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end of Dec. 2020 :
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