

## Here for You.

We protect and strengthen seniors and adults through services that ensure safety while maximizing independence, respecting the right to self-determination and improving overall quality of life.

We serve more than 10,000 seniors and adults on Long Island each year.

## Ask Us About Our Services

- Alzheimer's Caregiver Support Program
- Mental Health Support
- Financial Counseling
- Friendly Visiting – for Home-Bound Seniors
- Case Management and In-Home Assistance
- Nursing Home Advocacy - Ombuds Service
- HIIICAP- Health Insurance Counseling
- Home Energy Assistance
- Elder Abuse and Financial Exploitation Counseling

**Call FCA Today: 516.292.1300**



Here for Long Island. Here for You.

## Senior & Adult Services

100 E. Old Country Road, Mineola, NY, 11501  
516.746.0350 | FCALLI.org | info@FCALLI.org

*Family & Children's Association (FCA) is a 501(c)(3) not-for-profit organization. All contributions are tax deductible to the extent allowed by law.*

*FCA's Senior and Adult Services are made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the NY State Office for the Aging, and the U.S. Administration on Aging. Funding is also received from the Fay J. Lindner Foundation, Greentree Foundation, Ferriday Foundation, NY State Dept. of Health, NY State Office of Mental Health and NY State Division of Criminal Justice Services.*



# Senior & Adult Services



Here for Long Island. Here for You.





*"I am a 95 year old veteran who never received help-only promises. As soon as I contacted FCA, my case manager helped me right away and secured much needed help"*

FCA Senior Program Participant

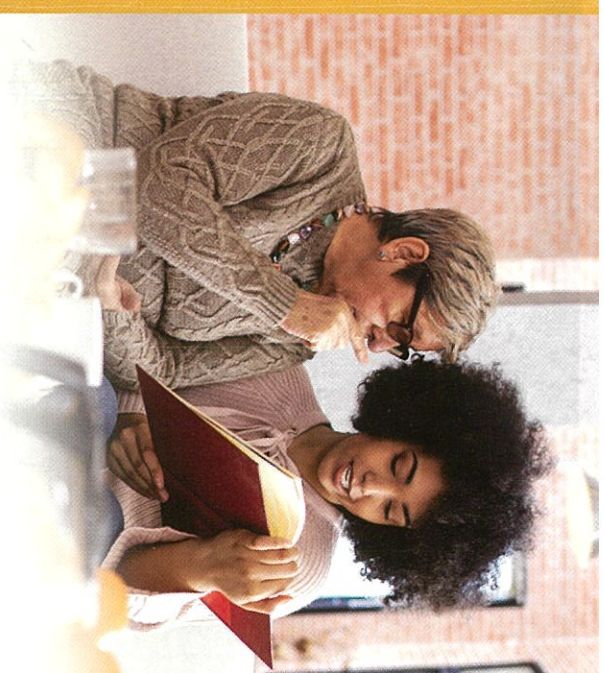
## **Long Island's senior population is growing and we're here to meet their needs.**

FCA staff are dedicated to helping you navigate the ever-changing healthcare system, manage finances, cope with mental health concerns and connect with community resources that support your efforts to remain living at home safely.

We understand that seniors are a vital part of the community and with a little assistance from our services, we can help you thrive, remain active and continue to live independently. Need assistance and not sure where to turn? Call FCA and speak with a case manager to find out what community services and resources are right for you.

**516.292.1300**

**[info@FCALL.org](mailto:info@FCALL.org)**



**We provide seniors with information and assistance, guidance and advocacy to manage their finances and maintain their independence.**

*"Words cannot express how my heart overflows with gratitude and deep appreciation for your seniors program, the case workers/managers and how they have helped and assisted seniors, including me."*

FCA Case Management and Wellness  
Program Participant